

DATE: ___/___/_____

TEAM HEART DAILY TRACKER

5 NEW INVITES/REACH OUTS

- 1: _____
- 2: _____
- 3: _____
- 4: _____
- 5: _____

3 NEW PEOPLE TO THE OVERVIEW

- 1: _____
Outcome: _____
- 2: _____
Outcome: _____
- 3: _____
Outcome: _____

SOCIAL MEDIA ACTIVITIES

AT LEAST 4 FB / IG STORIES

Did I include a poll? Y | N

Did I include a call to action? Y | N

Did I share the product / business? Y | N

AT LEAST 2 FB / IG FEED POSTS

ADD 5 NEW FRIENDS AND MESSAGE

SEND FB HAPPY BIRTHDAY VOICE MEMOS

TAKE / USE YOUR LV PRODUCTS:

 1 2 3 4 5 6 7 8 9 10

Rate Your Energy, Focus, Mood 1-10, 10 being great!

3 FOLLOW UPS

1 PIECE OF PERSONAL/BUSINESS DEVELOPMENT

Topic: _____

DAILY GRATITUDE – 3 THINGS I’M THANKFUL FOR

ITT CONTACT TRACKER

	NAME	INVITE	TOOL	TEAM	NOTES/OUTCOME
1					
2					
3					
4					
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ITT CONTACT TRACKER

	NAME	INVITE	TOOL	TEAM	NOTES/OUTCOME
26					
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ITT CONTACT TRACKER

	NAME	INVITE	TOOL	TEAM	NOTES/OUTCOME
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ITT CONTACT TRACKER

	NAME	INVITE	TOOL	TEAM	NOTES/OUTCOME
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